

KSPS Nine Standards: Year 6

Community	Food	Helping at Home
Volunteer for charity/ community cause	Cook a two course meal	Change and wash a bed

Health and wellbeing	Enjoying the Outdoors	Global / Cultural
Explain or demonstrate a mindfulness technique	Swim in open water	Write a letter or make contact with someone in another country

Dexterity	Green	Know myself
Check and oil a bike and repair a puncture	Preserve or restore a local environment	Create a Family Tree including info about parents / grandparents birthplaces, jobs

